



Recovery, resilience and equity

Population Health Covid Recovery programme outline

Covid Recovery Programme

- Overarching principles
- Workstreams overview



Principles

Equitable

- building back fairer
- removing inequalities as a priority

Flexible

- maintaining new ways of working

Sustainable

- building on what we already have

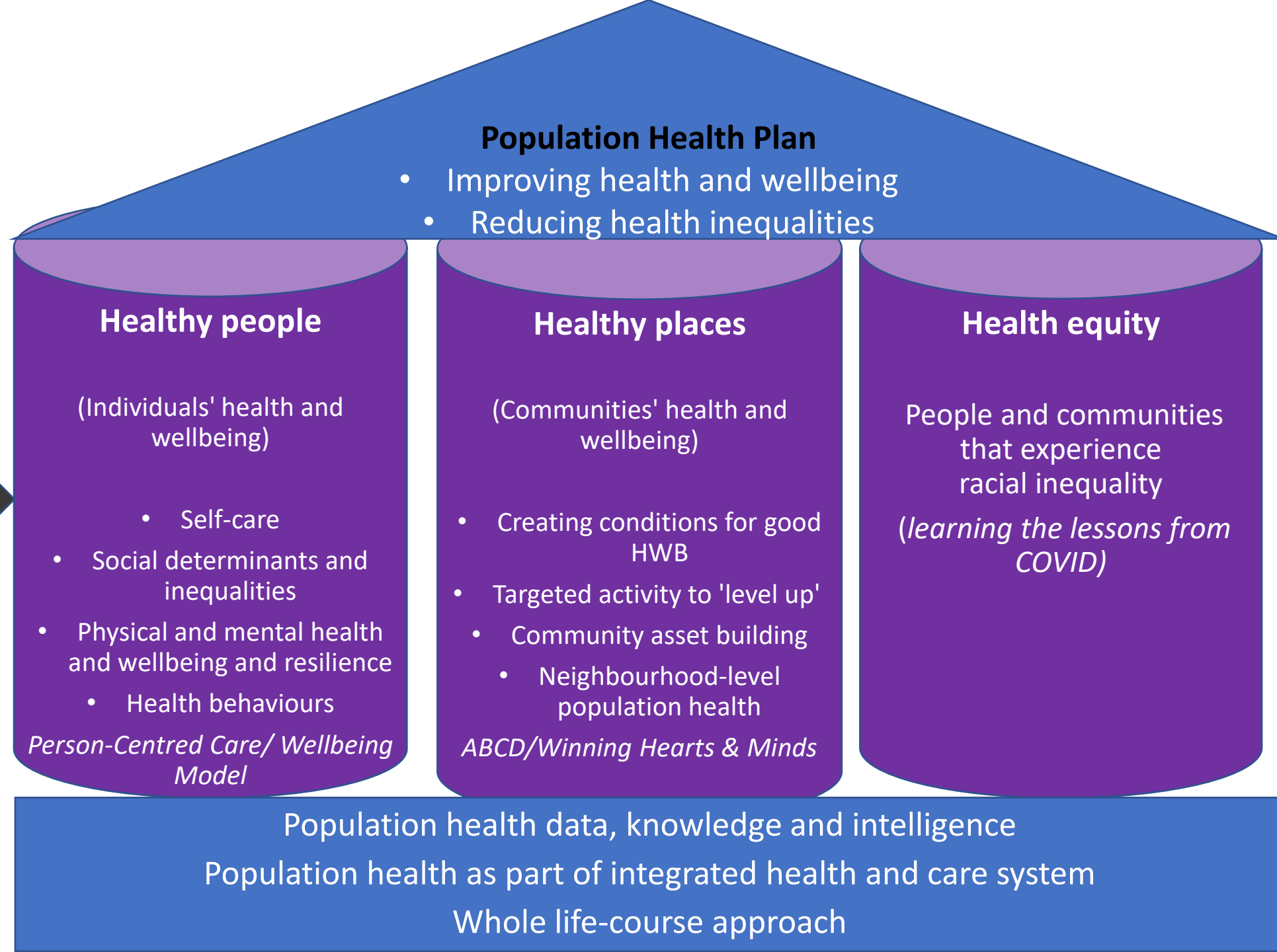
Collaborative

- with our people, for our people
- whole system approach

Coordinated

- whole life-course population health approach

Population
Health Covid
Recovery
Programme:
pillars



Improving
individuals' health
and wellbeing

Social determinants

Emotional and mental health and wellbeing

Connecting to communities

Improving
communities' health
and wellbeing

Winning Hearts and Minds

Place-based health development work (HDCs and NHWs)

WHM approaches in other areas with health inequalities

Health equity

CHEM and Covid Chat

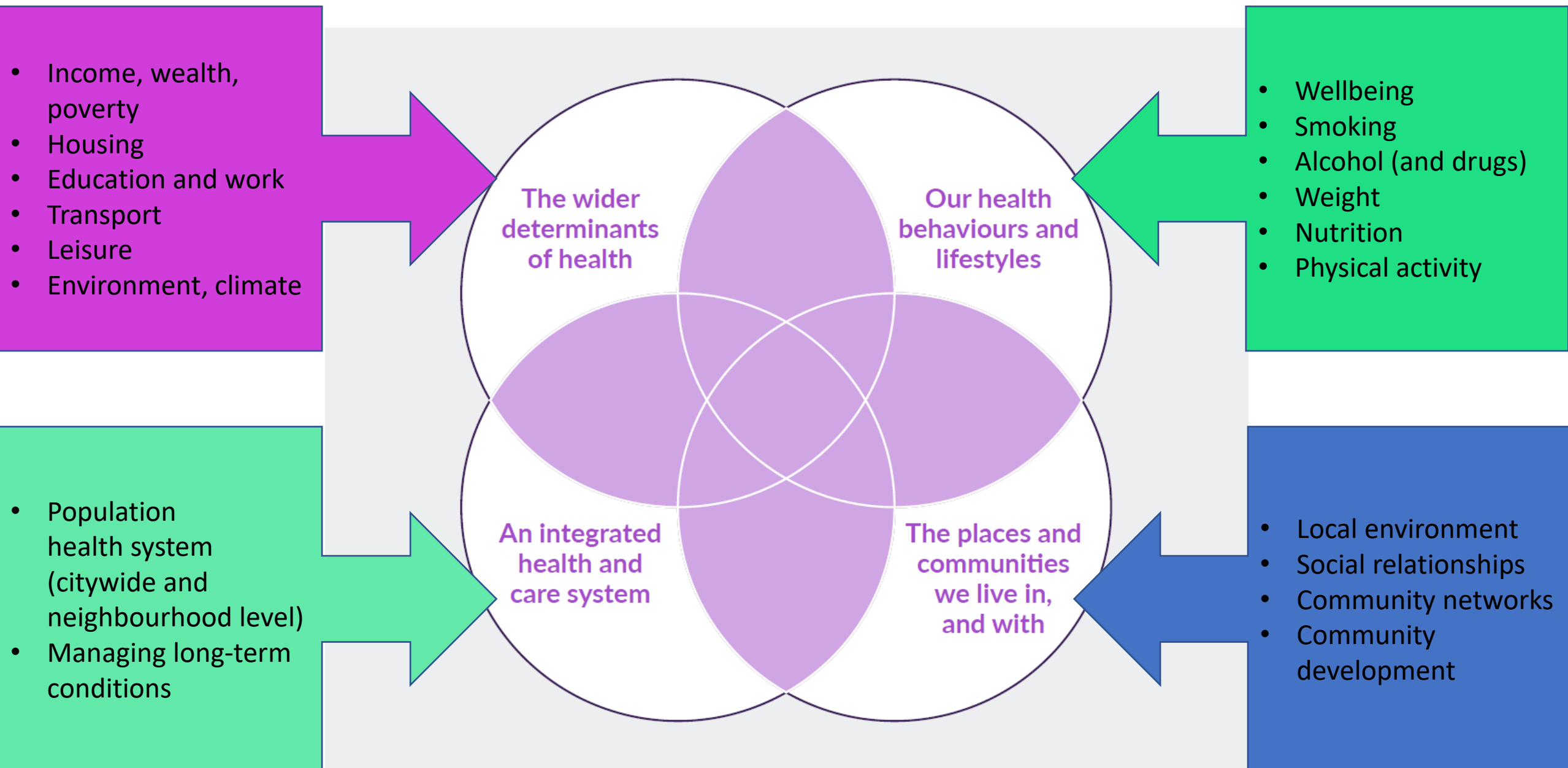
People and communities that experience racial and social
inequalities

Inclusion health groups

Population health

- Overall PH approach (4 pillars)
- Current PH workstreams and relationship with Recovery workstreams

Population health system (all ages)



Wider determinants (strategic)

Family Poverty Strategy

Work and skills

Housing and health

AFM: Over 50s work and skills

Education

Transport

Climate change

Leisure

Individuals' health (strategic + services)

Social determinants and wellbeing support

- Social prescribing
- Work-related health
- Mental wellbeing
- Health coaching

Health behaviours 'treatment' services (adults)

- Smoking cessation
- Alcohol and drug misuse
- Weight management
- Physical activity
- Nutrition

Health behaviours 'treatment' services (young people)

- Alcohol and drug misuse
- Physical activity
- Weight management

Sexual health services

Social determinants and wellbeing support (children and young people)

- Trauma/ACEs
- Teenage parents

Self care strategy

Communities' health (strategic + services)

Winning Hearts and Minds

Neighbourhood health and wellbeing development

- Health Development
Coordinators
- Buzz Neighbourhood Health
Workers

Licensing

Population health system (strategic)

Health equity

- Covid Health Equity
- Covid community engagement
- Race and health

Partnerships

- MLCO and INTs
- MCC Neighbourhoods

Recovery workstreams

- Healthy People
- *Healthy Communities*
- *Health Equity*

Why we need to do this

- To prevent people developing long term conditions
- To help people manage their long term conditions
- To improve people's mental health and wellbeing
- To improve the social conditions that impact on people's health and wellbeing
- To increase healthy life expectancy

How this will happen

- Information to increase knowledge and skills in whole population
- Supportive conversations and coaching-type approaches in health and care
- Targeted coaching and motivational support for higher risk population
- Connection to community/social networks to maintain changes and build resilience
- Coordinated 'specialist' support for specific or multiple 'health behaviour' issues

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What will support this

- All-age, multi-topic, holistic (bio-psycho-social) strategic approach (Prevention and Wellbeing model)
- Review of PH plan and priorities to address systemic causes of poor health and wellbeing and improve coordination of approaches across life course
- Support (resources, prioritisation) and genuine partnership working within integrated care system
- Collaboration between 'healthy people', 'healthy communities' and 'health equity' workstreams

What will change

- Reduced incidence/prevalence of LTCs in population
- Reduced incidence/prevalence of mental ill health in population
- Improvements in individuals' mental health and wellbeing
- Improvements in individuals' connections and networks
- Improvements in individuals' 'social determinants'